

PHYSICAL EDUCATION

Level : AS and A2

Examination Board : OCR

Introductory Comment :

This syllabus has been designed to provide progression from GCSE and a sound foundation for study in higher education. It presupposes that candidates will have studied the subject at KS4. The syllabus takes a multi-disciplinary approach, encouraging the development of different methods of enquiry drawn from a wide range of disciplines, with the focal point being the performer and the performance. The syllabus is based on the interaction between the theory and practice of Physical Education.

An Advanced Level qualification in the subject is rapidly becoming an essential qualification for specialist study in Physical Education and Sport Studies in higher education, and it is also a suitable qualification for other areas of study. The Syllabus provides an excellent foundation for students intending to pursue careers in teaching and coaching, the leisure industry, recreational management, the health and fitness in industry and professional sport.

Aims: An Advanced Level course based on this syllabus should:

- provide a knowledge and understanding of the conceptual basis, structure and function of a representative selection of physical education activities,
- develop understanding and problem-solving skills (interpretation and evaluation),
- develop planning and practical skills for effective performance,
- foster an ability to relate practice to theory and theory to practice,
- develop an understanding of the scientific, socio-cultural and environmental factors that influence physical education.
- provide an experience that is valuable both as a means of personal development and as a foundation for employment or more advanced study.

AO weightings in AS GCE

	% of AS GCE			
	AO1	AO2	AO3	Total
AS Unit G451 : An introduction to Physical Education	45%		15%	60%
AS Unit G452 : Acquiring, developing and evaluating practical skills in Physical Education				
		40%		40%
Total	45%	40%	15%	100%

AO weightings in Advanced GCE

	% of Advanced GCE			
	AO1	AO2	AO3	Total
AS Unit G451 : An introduction to Physical Education	22.5%		7.5%	30%
AS Unit G452 : Acquiring, developing and evaluating practical skills in Physical Education				
		20%		20%
AS Unit G453 :Principals and concepts across different areas of Physical Education	15%		20%	35%
AS Unit G454 :The improvement of effective performance and the critical evaluation of practical activities in Physical Education				
		15%		15%
Total	37.5	35%	27.5%	100%